

# OCTOBER

## Willowick Senior Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					YOGA CHAIR 9:00 FLOOR 10:15	
3	4	5	6	7	8	9
	Morning Movers 8:00-8:45 YOGA FLOOR 9:00 CHAIR 10:15 Pinochle 12:30 Bingo 12:15	EXERCISE 9:00 10:00 BEGINNING LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:30 Art Class 10:00 12:00	Pinochle 12:30 Beginner Crochet Class 10:00 am - noon Meditation Yoga 3:00 - 3:45 SIGN UP 'S 9AM - 11:00	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:30 Willo-aies 1:00 2:30 Bridge 11:30	YOGA CHAIR 9:00 FLOOR 10:15	
10	11	12	13	14	15	16
	Morning Movers 8:00-8:45 YOGA FLOOR 9:00 CHAIR 10:15 Pinochle 12:30 Bingo 12:15 Attorney Debbie 9:00	EXERCISE 9:00 10:00 BEGINNING LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:30 Art Class 10:00 12:00 Book Club 2:00 Foot Doctor 12:30	Pinochle 12:30 Beginner Crochet Class 10:00 am - noon Meditation Yoga 3:00 - 3:45 Casino Trip: MGM Casino	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:30 Willo-aies 1:00 2:30 Bridge 11:30	YOGA CHAIR 9:00 FLOOR 10:15 Bus Trip: Hartville shopping & Lunch Bus leaves center @ 9:00 am, start boarding 8:45 am	
17	18	19	20	21	22	23
	Morning Movers 8:00-8:45 YOGA FLOOR 9:00 CHAIR 10:15 Pinochle 12:30 Bingo 12:15	EXERCISE 9:00 10:00 BEGINNING LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:30 Art Class 10:00 12:00 Chair Massage 10:30	EXERCISE 9:00 - 10:00 Pinochle 12:30 Beginner Crochet Class 10:00 am - noon Meditation Yoga 3:00 - 3:45 Presentation Medicare Check up 11:00	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:30 Willo-aies 1:00 2:30 Bridge 11:30	YOGA CHAIR 9:00 FLOOR 10:15	Willowick Flea Market @ Manry Activities Ctr 9 am - 2:00 pm
24	25	26	27	28	29	30
	Morning Movers 8:00-8:45 YOGA FLOOR 9:00 CHAIR 10:15 Pinochle 12:30 Bingo 12:15	EXERCISE 9:00 10:00 BEGINNING LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:30 Art Class 10:00 12:00 Hidden History of Lake county @ 2:00 (Library)	BIRTHDAY LUNCH 11:15 Bingo to follow Beginner Crochet Class 10:30 am - noon	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:30 Willo-aies 1:00 2:30 Bridge 11:30	YOGA CHAIR 9:00 FLOOR 10:15	
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