



OUR SENIOR MOMENTS

Doreen Nevulis, Coordinator -
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Hours: Mon-Thur 8-4 pm & Fri 8-12 pm

Willowick Senior Center
321 East 314th Street
440-585-5112 (Phone)
440-585-7776 (Fax)
www.cityofwillowick.com

SEPTEMBER 2021

ONGOING ACTIVITIES

MONDAYS

Monday Movers
8:00-8:45

Yoga Floor 9:00
Chair 10:15
Pinochle 12:30

Bingo 12:15 -
2:00 pm

TUESDAYS

Exercise 9:00—
10:00 (starting Aug
10th)

Ceramics 9:00—
12:30

Art Class—10:00—
12:00

Pinochle 12:30
Beginning Line
Dance 1:00—2:00

WEDNESDAYS

Beginner Crochet
Class 10:00—noon

Pinochle 12:30
Meditation Yoga
3:00—3:45

THURSDAY

Ceramics 9:00
12:30

Intermediate
Line Dance 10:15—
11:15

Willo-aires 12:30
2:00

Bridge 11:30

FRIDAYS

Yoga Chair 9:00
Floor 10:15

The Willowick Senior Center is funded by The City of Willowick and the Lake County Senior Citizen's Services Levy.

PLEASE—Do not enter the center if you are not feeling well. Please seek medical attention and stay home for seven days if you are ill. If you feel ill during your visit at the center, please let us know immediately. If you do test positive for COVID, please let us know as soon as possible. **PLEASE remember when visiting the center to sign in at the podium and also sign in for the activity you are there for that day. THANK YOU.**

Parking—PLEASE only park in Handicap parking spaces if you have a Handicap permit. Also, please don't block entrance ramps for the wheel chair access.

Chair Massage—Tuesday Sept 21st with Jennifer Woo, sign up & enjoy. Appts start at 10:30

Attorney Debbie—Monday Sept 13th appt's starting at 9:00 am, don't forget to sign up.

Book Club—Will start Sept 14th at 2:00 in the Library. 1st book will be "The Other Einstein by Marie Benedict" attendees may pick up their copy of the book at the Willowick Public Library starting August 14th.

Foot Doctor—Dr. Waxman is scheduled for Tuesday Sept 14th, at 12:30 pm. Cost is \$15.00, first some first serve.

Beginner Crochet Class—Interested in learning how to Crochet, Starting in Sept, Wednesday's from 10:00 am till noon in the Craft room.

Craft Room—Is Opened, join us

on Monday's & Wednesdays to share your favorite craft.

Meditation Yoga—Wednesday's at 3:00—3:45, (except Birthday lunch days), sign up and relax.

Monday Movers—Time has changed to 8:00—8:45 Monday's

Help—Help Spread some Sun-shine when needed. Looking for a few volunteers to be part of the club, Please see Doreen for details.

Note: The Advisory Board Meeting minutes will be available in the Library

Sign up—Casino, Mystery Lunch Birthday Lunch. Wednesday Sept 1st. From 9:00 to 11:00am

MGM Casino—Sept 22nd cost \$5.00 Bus leaves center at 9:30am. To return by 4:00 pm.

Sign up Sept 1st in the Community Room from 9:00am. To 11:00 am. You must be present to sign up and have your membership card & Rewards card ready. Also please have exact change.

Mystery Lunch—Join us for our mystery lunch, Sept 8th. Bus leaves Senior Ctr at 11:00 am Cost is \$4.00 for drive.

Birthday Lunch—Wednesday Sept 29th, cost is \$7.00, please make sure to sign up before Friday Sept 24th, stay tuned for details.

Instructional Pickleball—Learn the basics of Pickelball including rules of the game and gameplay. This is for beginners. Register in advance for classes, To register & play will be at THE ACTIVITIES CENTER AT MANRY