

OCTOBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 CHAIR MASSAGES WITH JENNIFER	YOGA FLOOR 9:00 CHAIR 10:15 PAINT POURING 9:00 AM MYSTERY LUNCH BUS LEAVES 10:30 AM	
5	6	7	8	9	10	11
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 12:30 Bingo 12:00 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:30	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 HEALTH FAIR 9:00 AM - NOON	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 Lake County ADAMHS @ 11:00 AM	YOGA FLOOR 9:00 CHAIR 10:15 PAINT POURING 9:00 AM	MANRY FLEA MARKET 9:00 AM - 2:00 PM
12	13	14	15	16	17	18
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 12:30 Bingo 12:00 GAME ROOM PAINT POURING 2:00 PM ATTORNEY 9:00 AM SIGN UP MEAL ON WHEELS CLOSED	EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Poker 11:30 Pinochle 12:30 Ceramics 9:00 12:00 Willo-Aires 2:15 - 3:15 Art Class 12:00 2:00 Book Club 2:00 Medicare Made Easy 9:00 Blood Pressure Checks 10:00 - 12:00 LCCOA 10:00 am FOOT DOCTOR 12:15	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 PRESQUE ISLE CASINO BUS LEAVES 9:00 AM	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 CHAIR MASSAGES WITH JENNIFER	YOGA FLOOR 9:00 CHAIR 10:15 PAINT POURING 9:00 AM	
19	20	21	22	23	24	25
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 12:30 Bingo 12:00 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:30	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 PIZZAZZ @ 10:00 AM	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	YOGA FLOOR 9:00 CHIAR 10:15 PAINT POURING 9:00 AM TEXAS ROADHOUSE DRESS & DINE 11:00 am - 2:30 pm	
26	27	28	29	30	31	
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 12:30 Bingo 12:00 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:30	Pinochle 12:30 BIRTHDAY LUNCH 11:30 AM HALLOWEEN PARTY	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	YOGA FLOOR 9:00 CHAIR 10:15 PAINT POURING 9:00 AM	