

OUR SENIOR MOMENTS

Doreen Nevulis, Coordinator -
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 Hours: Mon-Thur 8-4 pm & Fri 8-12 pm

Willowick Senior Center
 321 East 314th Street
 440-585-5112 (Phone)
 www.cityofwillowick.com

Membership Tag - Residents \$12.00
 Non -Residents \$15.00 (checks can be made out to "The City of Willowick")
YOU MUST SHOW YOUR TAG TO SIGN UP FOR ANY ACTIVITIES, EVENTS OR TRIPS FOR THE CENTER THANK YOU.

Please remember to renew memberships All renewal memberships will be \$8.00. Get your renewal membership sheet in the office, fill out and attach payment (cash or check made out to "City of Willowick") and place in basket in the office.

Attorney Debbie Loughner LLC—
 Come visit Debbie Loughner. She will be here May 13th 9:00—12:00. Please sign up for an appointment.

Foot Doctor- Tues, May 14th at 12:15 pm. \$15.00 for services. Don't forget to sign up.

LAKE COUNTY COUNCIL OF AGING—
 Connie Brocone will be here Tues May 14th from 10:00—11:00 am to answer your questions.

Book Club—Tues May 14th @ 2:00 pm "Where the Red Fern Grows" by Wilson Rawls Join us for some great conversation, you can pick up the book @ Willowick Library.

Blood Pressure Checks—Tues May 14th 10:00 am—12:00 pm. Please stop by to get checked out.

Chair Massage—Dates have been changed to Wednesday's, please note. Wednesday May 8th & May 22nd with Jennifer Woo, Sign up for times.

Hearing Test— Monday May 6th 10:00 am—noon. Sign to get tested.

PLEASE NOTE: EVENT SIGN -UPS WILL BE MAY 1ST WEDNESDAY @ 9:00 am till 12:00 pm. After that Wednesday, Sign up's for events will be every Mon, Tues & Thurs from 10:00 am —12:00pm. PLEASE USE THOSE TIMES TO SIGN UP. BRING YOUR MEMBERSHIP CARD TO SIGN UP FOR EVENTS.

If you're taking the bus, please make sure to be at the center 15 to 30 minutes before the bus leaves.

***REFUNDS - WILL BE AT THE COORDINATOR'S DISCRETION—BASED ON EVENT.**

LIKE TO PLAY POKER—

Monday's @ 12:30. Sign up at the center so we can get a head count and set a start date.

***EVENTS @ THE CENTER**

MAY—Wednesday May 1st.

Brown Bag lunch @ Trinity Cathedral. Bring your lunch & go listen to a free concert, (they will accept freewill offerings) Come listen to Clasa Schumann Piano Trio & Brahms Piano Quartet. Cellist John Walz of the Los Angeles Opera Orchestra joins renowned area musicians for works of Schumann & Brahms. Cost of trip \$5.00 for bus. Bus leaves center about 10:45 am, concert starts at noon.

MAY 2ND THURSDAY @ 2:00 PM IN THE GAME ROOM

GENEALOGY Join Jay Zimmerman to help with History & Genealogy. He will be here to help find family. Sign up to attend.

MAY 6TH MONDAY -

CINCO DE MAYO -TACO BAR @ 11:15. Cost for event is \$3.00. Make sure to sign up & break out those Poncho's & Sombrero's.

MAY 7TH PATSY CLINE—

IF YOU SIGNED UP BUS LEAVES CENTER @ 11:00 AM TO RETURN EST 6:00 PM

TALK TO THE DOCTOR—

Tues May 14th @ 11:00. Join Dr Matthew Martin for a free talk. Are you fearful of bending, twisting, lifting, and increasing your overall activity level because you may injure yourself? Dr Matthew Martin will discuss the importance of maintaining an active lifestyle and will provide you with tips to avoid injury. Make sure to sign up.

RIVERS CASINO

PITTSBURGH—WEDNESDAY MAY 15TH BUS LEAVES CENTER @ 7:45 AM. Cost to trip is \$8.00 (MEMBERS) non members \$10.00 est return 7:30 PM

MAY 2024

ONGOING ACTIVITIES

MONDAYS

Solo exercise 8:00—8:45
 Yoga Floor 9:00
 Yoga Chair 10:15
 Bingo 12:00
 Paint Pouring 2:00 pm
 Crochet / Craft 10:00—3:00

TUESDAYS

Exercise 9:00—10:00
 Tai Chi 10:15 11:15 am
 Ceramics 9:00—12:00
 Art Class 12:00—2:00
 Pinochle 12:30
 Beginner/Improved Line Dance 1:00—2:00

WEDNESDAYS

Solo Exercise 8:00—8:45
 Crochet / Craft 10:00—2:00
 Pinochle 12:30
 Meditation Yoga 3:00—3:45

THURSDAY

Exercise 9:00—10:00
 Ceramics 9:00-12:00 PM
 Intermediate Line Dance 10:15—11:15
 LCR—Game room @ 12:00

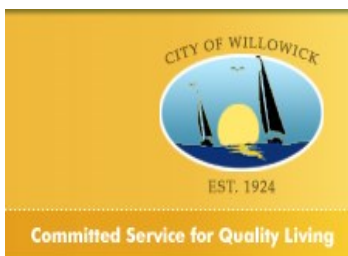
Willo-aires 2:15—3:15
 Bridge 11:30

FRIDAYS

Yoga Chair 9:00
 Yoga Floor 10:15
 Paint Pouring 9:00—12:00

WILLOWICK SENIOR CENTER CLOSED MONDAY MAY 27TH MEMORIAL DAY

The Willowick Senior Center is funded by The City of Willowick and the Lake County Senior Citizen's Services Levy.



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MAY 2024

SENIOR DAY AT THE MALL—

Tuesday May 21st. Join us @ Great Lakes Mall to celebrate Seniors. Enjoy Bingo, a morning, snack, entertainment, Outstanding Senior Citizen Awards and more. Visit vendor tables for information. Doors open at 8:30 am.

Enter at Food Court. We will have a bus to transport you to & from the mall, seats are limited. Sign up starting May 1st. Cost of tickets for mall are \$1.00

TEA PARTY - WEDNESDAY

MAY 22ND - Tea at NOON. Wear those Bonnets and join us for a light lunch and tea. Cost is \$5.00. Sign up to enjoy.

MAY BIRTHDAY LUNCH -

WILL BE CELEBRATING MAY'S BIRTHDAY'S WEDNESDAY MAY 29TH. IT'S A POT LUCK. SO SIGN UP BRING YOUR FAVORITE DISH TO SHARE OR PAY \$7.00 TO JOIN IN THE FUN.

AUGUST—Friday August 23rd, join us for a Cruise, Lunch & Entertainment on the new Lady Caroline. Lunch includes salad, Beef or Ham, Chicken Dujour, Catch of the day, Rice or pasta, Veggies, Potato, Roll & dessert. Coffee & Tea provided, Alcohol beverages are offered for purchase. Price for all \$70.00 per person. Get your tickets now. Seats are limited.

OPEN HOUSE @THE SENIOR CENTER— SAVE THE DATE

WEDNESDAY JUNE 26TH FROM 2:00 PM—5:00 PM, The Willowick Senior Center will be showcasing our center to the public. We will have tours, demonstrations, display, refreshments & guest speakers. More Details to follow.

DON'T FORGET WE HAVE "JOHN ROBERTS"TRIPS—

Information on all of John Roberts trips can be found right outside the center office. Make sure to stop and take a look what he has to offer.

Soaring Eagle Casino - June 4-6,
Beautiful Vermont—June 17th—22nd

For more information call John Roberts @ 440-346-6060 or 440-428-5424.

MIND CHALLENGE—

Will be starting this month. Host city: Willoughby Senior Center 36939 Ridge Rd Willoughby.

Wednesday May 1st @ 1:00 pm

Wednesday May 8th @ 1:00 pm

Wednesday May 15th @1:00 pm

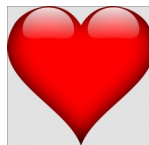
If **WILLOWICK** makes it to the Finals, it will be in Beachwood

Wednesday, May 22nd @ 11:00am

GOOD LUCK

WILLOWICK SENIORS

THANK YOU EVERYONE WHO ATTENDED AND HELPED OUT PLANNING OUR 50TH ANNIVERSARY LUNCHEON AND MADE THIS EVENT SUCH A SUCCESS. THE SUPPORT OF OUR COMMUNITY FOR OUR SENIORS IS OVERWHELMING AND IT CERTAINLY SHOWED THAT DAY.



THANK YOU AGAIN AND CONGRATULATIONS

"50" WHOLE YEARS OF BEING AWESOME

ONGOING ACTIVITIES

MONDAYS

Solo exercise 8:00—8:45

Yoga Floor 9:00

Yoga Chair 10:15

Bingo 12:00

Paint Pouring 2:00 pm

Crochet / Craft

10:00—3:00

TUESDAYS

Exercise 9:00—10:00

Tai Chi 10:15 11:15 am

Ceramics 9:00—12:00

Art Class 12:00—2:00

Pinochle 12:30

Beginner/Improved Line

Dance 1:00—2:00

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Intermediate

Line Dance 10:15—11:15

LCR—Game room @ 12:00

Willo-aires 2:15—3:15

Bridge 11:30

FRIDAYS

Yoga Chair 9:00

Yoga Floor 10:15

Paint Pouring 9:00—12:00

THANK YOU ALL WHO HAVE DONATED CARDS TO OUR CENTER. IT IS VERY MUCH APPRECIATED

The Willowick Senior Center is funded by The City of Willowick and the Lake County Senior Citizen's Services Levy.