

JANUARY 2026

WILLOWICK SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				HAPPY NEW YEAR	SENIOR CENTER CLOSED	
4	5	6	7	8	9	10
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 YOGA CHAIR 10:15 POKER 11:00 AM Bingo 12:00 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Poker 11:00 am Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:15 - 3:15	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 MASSAGE W/ JENNIFER	YOGA FLOOR 9:00 YOGA CHAIR 10:15 PAINT POURING 9:00 AM Meet at Pasha Turkish Restaurant @ noon	
11	12	13	14	15	16	17
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 YOGA CHAIR 10:15 POKER 11:00 AM Bingo 12:00 PAINT POURING 2:00 PM ATTORNEY 9:00 AM SIGN UP	EXERCISE 9:00 10:00 Poker 11:00 am BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 LLCOA - 10:00 - 11:00 Pam - Medicare 9:00 - noon Blood Pressure Checks 10:00 - 12:00 Foot Doctor 12:15 Art Class 12:00 2:00 Willo-Aires 2:15 - 3:15	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 Jack Casino bus leaves @ 9:30 am	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 Hot Chocolate Bar @ 11:00	YOGA FLOOR 9:00 YOGA CHAIR 10:15 PAINT POURING 9:00 AM	
18	19	20	21	22	23	24
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 YOGA CHAIR 10:15 POKER 11:00 AM Bingo 12:00 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 POKER 11:00 AM BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:15 - 3:15 Movie Day @ 1:00 Movie TBD	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 MASSAGE W/ JENNIFER	YOGA FLOOR 9:00 YOGA CHAIR 10:15 PAINT POURING 9:00 AM	
25	26	27	28	29	30	31
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 YOGA CHAIR 10:15 POKER 11:00 AM Bingo 12:00 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 POKER 11:00 AM Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:15 - 3:15	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 BIRTHDAY LUNCH 11:30 AM	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	YOGA FLOOR 9:00 YOGA CHAIR 10:15 PAINT POURING 9:00 AM	