

AUGUST 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					YOGA FLOOR 9:00 YOGA CHAIR 10:15 PAINT POURING 9:00 AM GOODTIME 111 BUS LEAVES CTR @ 10:00 AM	
3	4	5	6	7	8	9
CONCERTS IN THE PARK LAKEFRONT LODGE 4 KINGS & A QUEEN 6:00 - 8:00 PM Scooters Scoops Ice Cream Truck	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Poker 11:30 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:15 - 3:15	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 ADVISORY BOARD MEETING 12:15	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 CHAIR MASSAGES WITH JENNIFER	YOGA FLOOR 9:00 YOGA CHAIR 10:15 PAINT POURING 9:00 AM	
10	11	12	13	14	15	16
CONCERTS IN THE PARK LAKEFRONT LODGE ABBEY RODEO 6:00 - 8:00 PM Scooters Scoops Ice Cream Truck	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM ATTORNEY 9:00 AM SIGN UP	EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Poker 11:30 Pinochle 12:30 Ceramics 9:00 12:00 Blood Pressure Checks 10:00 - 12:00 MEDICARE Q & A 9:00 - 12:00 FOOT DOCTOR 12:15 Art Class 12:00 2:00 Book Club 2:00 LCCOA - 10:00 - 11:00	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 CAPTAINS GAME Shuttles start @ 10:45 am	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 Lake County ADAMHS @ 11:00 AM	YOGA FLOOR 9:00 YOGA CHAIR 10:15 PAINT POURING 9:00 AM WELSHFIELD INN BUS LEAVES @ 11:00 AM	
17	18	19	20	21	22	23
CONCERTS IN THE PARK LAKEFRONT LODGE STRATFORD HILL 6:00 - 8:00 PM Scooters Scoops Ice Cream Truck	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Poker 11:30 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:15 - 3:15	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 PIZZAZZ @ 10:30 AM	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 CHAIR MASSAGES WITH JENNIFER	YOGA FLOOR 9:00 YOGA CHAIR 10:15 SCARF CLASS @ 9:00 AM PAINT POURING 9:00 AM	
24	25	26	27	28	29	30
CONCERTS IN THE PARK LAKEFRONT LODGE FUNKOLOGY 6:00 - 8:00 PM Scooters Scoops Ice Cream Truck	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Poker 11:30 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:15 - 3:15	Pinochle 12:30 BIRTHDAY LUNCH @ 11:15 AM	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 Post Office 12:30- 12:50	YOGA FLOOR 9:00 YOGA CHAIR 10:15 PAINT POURING 9:00 AM Meet at Willowick Lounge @ noon	
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