



## OUR SENIOR MOMENTS

Doreen Nevulis, Coordinator -  
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Hours: Mon-Thur 8-4 pm & Fri 8-12 pm

Willowick Senior Center  
321 East 314th Street  
440-585-5112 (Phone)  
www.cityofwillowick.com

**PLEASE—Do not enter the center if you are not feeling well. Seek medical attention and stay home for seven days if you are ill. If you feel ill during your visit at the center, let us know immediately. If you do test positive for COVID, please let us know as soon as possible.**

**Membership Tag for 2022—**  
Residents \$12.00 Non-Residents \$15.00 (checks can be made out to "The City of Willowick") Must be signed up to enjoy our Center. **YOU MUST SHOW YOUR TAG TO SIGN UP FOR ANY ACTIVITIES, EVENTS OR TRIPS FOR THE CENTER THANK YOU.**

**Attorney Debbie—** Monday, Oct 10th @ 9:00. Debbie will meet with you to discuss your legal needs. Members sign up for your appointment.

**Blood Pressure Checks—** Tues Oct 11th 10:00am—12:00. Please sign up.

**Foot Doctor—** Will be here in Oct 11th at 12:15 pm. Members **must** sign up.

**Book Club—** Tues Oct 11th @ 2:00 pm Book "Dracula" by Bram Stoker.

**Chair Massage—** Tues Oct 18th with Jennifer Woo, members sign up for times.

**PLEASE NOTE: EVENT SIGN UPS WILL START WED Oct 5th @ 9:00 AM. Sign up's for events will be every Mon, Tues & Thurs in the Game Room from 9:00 am — 12:00pm**

**\*PLEASE HAVE CORRECT AMOUNT OF MONEY WHEN SIGNING UP FOR EVENTS**

**\*MUST HAVE MEMBERSHIP TAG TO SIGN UP (NON-MEMBERS WILL PAY EXTRA FOR EVENTS)**

**\*REFUNDS - WILL BE AT THE COORDINATORS DISRECTION—BASED ON EVENT.**

**\*MUST BE PRESENT TO SIGN UP**  
**HEALTH & WELLNESS DAY—**  
**Mon Oct 3rd 9:00—12:00pm**  
**Multiple Vendors featuring products & services important to today's seniors, Health Screenings & light snacks. Come pick up some great information.**

### Trips @ the Center:

**JACKS CASINO—** Wed Oct 12th  
Bus leaves ctr @ 9:30 am to return by 4:00. Cost of trip \$5.00 members.

**PERKINS & GRANDPA'S CHEESE BARN—** Fri Oct 14th .  
Lunch then head to shop Bus leaves ctr @ 10:00 am to return 4:00 pm.

Cost of trip \$5.00 for bus members  
**WILLOUGHBY GHOST WALK & DINNER—WED OCT 19TH.**  
Bus leaves ctr at 2:30, Tour starts @ 3:00 till 4:30 pm. Then Dinner @ Spirits to return to ctr est 6:30 pm. (Limited Walking) Cost of Bus \$15.00 Members. (bus & tour)

**WINE & BINGO - FRI Oct 28th.** Grand River Cellars. Bus leaves ctr @ 11:15 & return est 4:00 pm. Cost trip \$5.00 plus lunch for members.

**BIRTHDAY LUNCH—** OCT 26th.  
Halloween Party, wear your Costume. (Prizes will be awarded) Cost \$7.00.  
we will serve Chili & corn bread.

**ALL-YOU-CAN-EAT PANCAKE BREAKFAST—** SUPPORT A SENIOR  
Sunday Oct 9, 2022 9am—12:00 pm  
Wickliffe Senior Center. Presale tickets are \$10.00 for adults & \$5.00 for children 12 & under. For every ticket you buy you get entered into a raffle for a \$25.00 Gift Card, Also enjoy Basket Raffle pictures available in the Card Room. Tickets available in the office.

**Don't forget:** Check out our **POUND** Class Wednesdays @ 8:30 am and **Tai Chi** Thursday @ 3:00 (Starting Oct 6th)

**John Roberts Travel Group—**  
**October 4th—** 10th Annual Mystery Show & Dinner. \$119.00 per person R/T Transportation on deluxe motorcoach, show, dinner and time for some shopping and sightseeing.

**Oct 10th Rivers Casino & White house Fruit Farm.** \$45.00 PIP includes R/T on deluxe motorcoach, casino bonus of \$20 slot play & \$5 food voucher and stop at the White House Fruit Farm.

## OCTOBER 2022

### ONGOING ACTIVITIES

#### MONDAYS

Yoga Floor 9:00  
Yoga Chair 10:15  
Bingo 12:15  
Crochet 10:00—2:00

#### TUESDAYS

Exercise 9:00—10:00  
Ceramics 9:00—12:30  
Art Class 12:00—2:00  
Pinochle 12:30  
Beginning Line Dance 1:00—2:00

#### WEDNESDAYS

Pound Class 8:30—9:30  
Crochet 10:00—2:00  
Pinochle 12:30  
Meditation Yoga 3:00—3:45

#### THURSDAY

Exercise 9:00—10:00  
Ceramics 9:00 12:30  
Intermediate  
Line Dance 10:15—11:15  
LCR—Game room @ 12:00

Willo-aires 1:00—2:00  
Bridge 11:30  
Tai Chi 3:00

#### FRIDAYS

Yoga Chair 9:00  
Yoga Floor 10:15

**2022 HOLIDAY BOUTIQUE SAT NOV 5TH 2022. PLEASE CALL DOREEN @ 440-585-5112 FOR VENDOR INFORMATION**

Tickets will be available Oct 17th for our Famous Basket Raffle

The Willowick Senior Center is funded by The City of Willowick and the Lake County Senior