

OCTOBER 2022

WILLOWICK SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
	YOGA FLOOR 9:00 CHAIR 10:15 Pinochle 12:30 Bingo 12:15 HEALTH WELLNESS DAY 9:00 - 12:00	EXERCISE 9:00 10:00 BEGINNING LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:30 Art Class 12:00 2:00	Pinochle 12:30 Pound Class 8:30 - 9:30 Beginner Crochet Class 10:00 am - noon Meditation Yoga 3:00 - 3:45 SIGN UPS 9:00 - 11:00 VOLUNTEER LUNCHEON	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:30 Willo-aires 12:00 1:30 Bridge 11:30 TAI CHI 3:00	YOGA CHAIR 9:00 FLOOR 10:15	
9	10	11	12	13	14	15
ALL YOU CAN EAT BREAKFAST @ WICKLIFFE SENIOR CENTER	YOGA FLOOR 9:00 CHAIR 10:15 Pinochle 12:30 Bingo 12:15 Attorney 9:00	EXERCISE 9:00 10:00 BEGINNING LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:30 Art Class 12:00 2:00 Doctor 12:15 Book Club 2:00	Pinochle 12:30 Pound Class 8:30 - 9:30 Beginner Crochet Class 10:00 am - noon Meditation Yoga 3:00 - 3:45 JACKS CASINO BUS LEAVES @ 9:30 AM	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:30 Willo-aires 12:00 1:30 Bridge 11:30 TAI CHI 3:00	YOGA CHAIR 9:00 FLOOR 10:15 Trip: Perkins & Grandpas Cheese Barn 10:00 am	MANRY FLEA MARKET 9:00 - 2:00 PM
16	17	18	19	20	21	22
	YOGA FLOOR 9:00 CHAIR 10:15 Pinochle 12:30 Bingo 12:15	EXERCISE 9:00 10:00 BEGINNING LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:30 Chair Massage 10:30 Art Class 12:00 2:00	Pinochle 12:30 Pound Class 8:30 - 9:30 Beginner Crochet Class 10:00 am - noon Meditation Yoga 3:00 - 3:45 WILLOUGHBY GHOST WALK Bus leaves 2:30	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:30 Willo-aires 12:00 1:30 Bridge 11:30 Tai Chi 3:00	YOGA CHAIR 9:00 FLOOR 10:15	
23	24	25	26	27	28	29
	YOGA FLOOR 9:00 CHAIR 10:15 Pinochle 12:30 Bingo 12:15	EXERCISE 9:00 10:00 BEGINNING LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:30 Class 12:00 2:00	BIRTHDAY LUNCH 11:15 HALLOWEEN PARTY COSTUME CONTEST	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:30 Bridge 11:30 Tai Chi 3:00	YOGA CHAIR 9:00 FLOOR 10:15 Trip: Wine & Bingo @ Grand River Cellers 11:15	CHILDRENS HALLOWEEN PARTY MANRY 1 - 3PM
30	31					
	YOGA FLOOR 9:00 CHAIR 10:15 Pinochle 12:30 Bingo 12:15					