## Facility Rentals

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Features</th>
<th>Capacity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Center</td>
<td>321 E. 314th St.</td>
<td>Main Hall w/ commercial kitchen</td>
<td>150</td>
</tr>
<tr>
<td>Dudley Fieldhouse</td>
<td>31500 Willowick Dr.</td>
<td>Main Hall w/ standard kitchen</td>
<td>75</td>
</tr>
<tr>
<td>Manry Activities Center</td>
<td>30100 Arnold Dr.</td>
<td>Gymnasium</td>
<td></td>
</tr>
<tr>
<td>Dudley Outside Pavilion</td>
<td>w/grills, Cap: 25</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Manry Outside Pavilion</td>
<td>w/grills, electric hook-up, &amp; water,</td>
<td></td>
<td>35</td>
</tr>
</tbody>
</table>

**Call the Recreation Department for facility rental information 440-516-3011**

**IMPORTANT INFORMATION**

**Proof of Residency Required for All Purchases:** Acceptable proof of residency is a current utility bill with your name and address listed on it, and your photo I.D. In order to receive the resident rates for programs, rentals, etc., your proof of residency and photo I.D. must be provided at the time of registration. Attention Parents/Guardians, if your minor child has a different last name than yours, you must provide their birth certificate or court documents showing guardianship.

**PLEASE NOTE:** ALL INFORMATION AND FEES LISTED IN THIS GUIDE ARE SUBJECT TO CHANGE. MAKE SURE TO CHECK WEBSITE AND WEEKLY SCHEDULES FOR UPDATES AND CHANGES.
SCARECROW CONTEST
Make your scarecrow to enter in our Scarecrow contest. We will use them to decorate our Walk Trail beginning Friday, October 20th. Voting will take place during our Children’s Halloween Program on October 28th.

FALL HARVEST COLLECTIBLES/ FLEA MARKET
Saturday, October 14th - 9:00am to 2:00pm
Activities Center at Manry Park
30100 Arnold Dr., Willowick
*Free Admission to the Public*
* Concessions will be open*

Children's Halloween Program
Location: MANRY PARK
Saturday, Oct. 28th - 1pm to 3pm Open House
Willoughby-Eastlake School Children ages 10 and younger are invited to dress-up in their costumes and join us for some kid friendly Halloween fun at our Children’s Halloween Program with games, activities, and a kid friendly hayride around the trail! All children must be accompanied by an adult.
**FAMILIES MUST PRE-REGISTER FOR THIS EVENT!**
$2/ ACTIVITY PASS PER PERSON ON SALE AT MANRY BEGINNING SEPT. 18TH

TRICK-OR-TREAT will be observed on Halloween
Tuesday, Oct. 31st from 6:00pm to 8:00pm
****Please be aware of the little ones crossing the streets!
Please DRIVE SLOW & SAFELY!!****
Power Yoga!
A.M. Class: Join us for a great way to start your day! This one-hour class is a combination of Pilates and Yoga. Challenging yet relaxing and focuses on core strength. You will be guided through fluid movements set to peaceful music. This class will be social distancing, please attend only if you feel 100%. Classes are held monthly September through May, Monday – Wednesday – Friday mornings at the Dudley Fieldhouse from 8am to 9am. Fee: $30 monthly. Bring your exercise mat & weights. Class minimum 18 participants, register no later than 5 days prior to class start date by calling 440-725-1313.

Body Sculpting
P.M. Class: This balanced fitness workout combines strength, flexibility and aerobic endurance without running, dancing, jumping or jazzing. Working with a set of weights the entire hour, you’ll learn exercises from a certified personal trainer designed to firm your entire body without building muscular size or bulk. Prevents osteoporosis and boosts your metabolism helping you to lose weight, too! Accommodates beginner to advanced fitness levels (work at your own pace). Bring a 5-pound set of dumbbells and exercise mat or towel. Classes are ongoing and available Tuesday and Thursday evenings from 7:00pm to 8:00pm at the Willowick Community Center. Space is limited and reservations are required! Call Body Sculpting by Exterior Designs, Inc. at # 440-729-3463 or visit their web-site at www.flexcity.com.

Jazzercise
P.M. Class- Fitness that’s not intimidating, just invigorating! This 60-minute class pairs moderate aerobics with exercises that are designed to improve strength, balance and flexibility using easy-to-follow movements. Whether you’re a beginner, newcomer, a senior, pregnant, significantly overweight or otherwise physically restricted, you can’t go wrong with this popular light version of the original Jazzercise program. New students get 50% off an 8 week pass. Classes are ongoing and held Monday and Wednesday evenings at the Willowick Community Center from 6:30pm to 7:30pm. For more info or to register for class, email Sun Ok Jackson at sunokjazz@yahoo.com.

Body Bravo Fitness
A.M. & P.M. Class- CARDIO DRUMMING is a high energy workout combining traditional aerobic moves with the beats & rhythm of the drums offered on Monday & Tuesday evenings and Sunday Mornings. POWER HOUR STRENGTH is a full body resistance workout, suitable for all fitness levels and designed to bring your upper and lower body into fitness and energy balance on Monday Evenings. For more info or to register for class, Call Aaron White Jackson at 440-364-2355 or email bodybravofs23@gmail.com.
Start Smart Soccer
Instructor Dani Moody

The Start Smart program instructs children ages 3-5 years old the basic skills necessary to play organized soccer while they work one-on-one and spend quality time with their parents. This 6-week program focuses on teaching children kicking, dribbling, trapping, and throw in & running skills without the pressure of competition. Each week will introduce more difficult exercises as the class progresses and the children show improvement. Parent involvement is encouraged.

Location: Activities Center Gymnasium at Manry Park
Dates: Mondays, November 13th - December 18th
Times: 6:00pm to 6:45pm
Fee: $40 / 6-week session

Beyond Smart Soccer

The Start Smart program instructs children ages 6-10 years old the skills necessary to play organized soccer. This 6-week program focuses on expanding skills of kicking, dribbling, trapping, throw in & running skills; focus will be on foot skills & agility. Each week will introduce more difficult exercises as the class progresses, and the children show improvement.

Location: Activities Center Gymnasium at Manry Park
Dates: Mondays, November 13th - December 18th
Times: 7:00pm to 8:00pm
Fee: $45 / 6-week session

Special Needs Dance Movement
Dance Instructor Cheryl Laboda

This class is an adaptive dance & movement class for all ages. Participants will explore the basics of ballet and jazz technique, while being able to implement the skills they learn into basic combinations set to music. Siblings are also welcome to register for the class. Instructor Cheryl Laboda is state tested to work with special needs individuals. Her experience includes over 30 years of work in the public schools with Special Education Departments, teaching various sports activities to special needs children, one on one and group gym therapy. Classes are held at the Activities Center at Manry Park.

Dates: Ongoing – Saturday mornings beginning September 9th
Times: 10:00am to 10:45am
Fee: $68 / 4 classes or Drop-in fee $17 per class
Academy Basketball

HOOPSTERS

For Boys and Girls Ages 4 – 7 Years Old...
This is a wonderful introduction to the game of basketball for boys and girls ages 4 - 7 years old. Dribbling, passing, shooting and defense are all taught in this four-week format that your junior hoopster will thoroughly enjoy. Bring energy to the gym…Start smart...Learn the right way to play!

Session Dates: Tuesday Evenings – November 28 - December 19 from 6:00pm - 6:45pm
Class Fee: $40 per child for the 4-week session

‘HOOP IT UP’ BASKETBALL CLASSES

For Boys and Girls Ages 8 – 14 Years Old...
Whether your son or daughter is an experienced player looking for a great way to sharpen skills for the upcoming season, or just beginning, Academy Basketball has a class for all! In this four-week format, the court will be split by experience level. Each player will receive comprehensive instruction by experienced coaches on the fundamentals of the game - ball handling, shooting, and footwork. Learn great drills for offense and defense and then practice those skills in a scrimmage every week.

Session Dates: Tuesday Evenings – November 28- December 19 from 7:00pm - 8:00pm
Class Fee: $45 per child for the 4-week session

YES, I CAN! KARATE

Instructor: Sensei Sam Nieves
5-12 YR OLDS 5:30 – 6:30pm

Yes, I CAN! Karate’s Head Instructor Nieves Sensei is an 8th Degree Black Belt in Shorin Ryu. He has been in the Martial Arts since 1986. He has experience working with children and adults of all ages, specializing in at risk children and those with special needs. Class topics covered: Stranger Danger, verbal de-escalation against physical encounters (understanding physical violence is a last resort, not a first response), respecting boundaries, self-discovery and the belief that “YES I CAN DO ANYTHING!”

Classes held monthly on Wednesdays & Fridays in the Activities Center at Manry Park.
Minimum of 6 participants

October:  4, 6, 11, 18, 20, 25, & 27  $70/ Monthly Session
November : 1, 3, 8, 15, 17, & 29  $60/ Monthly Session
December:  6, 8, 13, 15, 20, 27  $60/ Monthly Session
Let's Cook!
Cooking Classes

Ages 8 & up 6:30-8:00pm
Dudley Fieldhouse, 31500 Willowick Dr.
Instructor: LaDonna Oltmanns (Owner) You Can Cook Plants
Fee: $28/ per class cash or check payable to LaDonna Oltmanns
(Max of 8 participants- Advanced Registration Required- space is limited!)

Let's Cook is a plant-based mobile cooking school for individuals ages 8 and up. LaDonna Oltmanns travels the area with her mobile kitchens and teaches basic cooking skills classes. In her classes, each individual prepares their own meals from scratch using simple, easily available and affordable ingredients. For more information or to book a private group class you can look at www.youcancookplants.com. All participants should bring containers to class for leftovers. Please note that some classes use plant-based milks (almond, coconut, soy). If you have an allergen concern please contact LaDonna via email youcancookplants@gmail.com

**Tuesday, September 12  ** Ratatouille

Fall is on the horizon and gardens are brimming with vegetables. Sometimes we have so many people giving us vegetables we aren’t sure what to do with them. Well, In this hands-on class we will be using eggplant, zucchini, tomato, onions and peppers to create the classic low carb, low calorie, French vegetable dish Ratatouille. The best part about this ratatouille is that it can be served hot or cold and your leftovers can be frozen for later.

**Tuesday, October 17  ** Cuban Picadillo

Picadillo is a dish that offers an explosion of flavor and textures that can be found in many Latin American countries. In this class, as the chef you will prepare a plant based version of this classic Cuban comfort food that will include lentils, tomatoes, potatoes and olives just to name a few ingredients.

**Tuesday, November 7  ** White Bean Peanut Stew (Domoda)

For this class we are going to take our taste buds on a little trip to Gambia as chef’s learn to prepare this traditional Gambian comfort dish. Packed with hearty ingredients like white beans, sweet potato and kale, this dish could easily become one of your new favorites.

*Allergen warning: this class does contain peanuts.

**Tuesday, December 5  ** Mushroom Bourguignon

Looking for a new holiday staple to add to your table? This flavorful, rich dish is just what you are looking for to add a little something to your holiday dining. In class chef’s will learn to prepare this dish using mushrooms, vegetables, red wine and aromatics to create a mouthwatering dinner or side dish.
**ACTIVITIES CENTER at MANRY PARK**

30100 Arnold Dr. Willowick ● 440-516-3011 ● www.cityofwillowick.com

**Remember to check our website and weekly schedules for any updates and changes to scheduling and programs.**

SENIOR GYM - September to May

A.M. WALKING PROGRAM: (times are subject to change)

Monday Thru Friday 8:00am-10:00am

**Please Note: A.M. Walking times may vary due to program scheduling and weather-related issues. When the W-E Schools close due to inclement weather, walking at Manry will be 9:00am to 10:00am.**

PICKLEBALL – Indoor courts at Manry

Pickleball Punch Card: $20 (9 visits /10th visit free) OR Drop-in visit: $5 per visit

Monday/Wednesday/Friday: Advanced: 11:00am to 2:00pm
Tuesday/Thursday: Beginners: 12:00pm to 2:00pm

ADULT FALL PROGRAMS

Pickleball Instruction for Adults

Learn the basics of Pickleball from instructor Diane Novak including rules of the game and gameplay! This program is geared towards people just beginning to play. Pickleball paddles and balls are available for use, but you are allowed to bring your own paddle if you have one. Please register in advanced for this class. **Classes will take place at the Activities Center at Manry Park on Tuesday & Thursday evenings, 5:30pm-6:15pm on September 19, 21, 26 & 28**th **Fee: $20 / 4 class session.**

Adult Open Gym- Pickleball

Indoor courts at the Manry Gymnasium. Open to adults ages 18 & older.

Come as a team or individual. A 10-visit Open Gym Punch Pass is required for admittance, which can be purchased at Manry for $20. Please call the Recreation Department for more information (440) 516-3011.

**Pickleball:** Tuesday & Thursday evenings 6:00pm-8:00pm Oct. 3rd – Nov. 16th

***No open gym pickleball Oct 31st ***

YOUTH OPEN GYM TIMES - September to May

(Willowick Residents with a Current Membership Tag)

Monday through Friday

<table>
<thead>
<tr>
<th>Grades</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>9-12</td>
<td>2:00pm to 3:00pm</td>
</tr>
<tr>
<td>6-8</td>
<td>3:00pm to 4:15pm</td>
</tr>
<tr>
<td>1-5</td>
<td>4:15pm to 5:15pm</td>
</tr>
</tbody>
</table>
**Willowick Rec. Youth Basketball League Sign-ups**

Sign-ups for the Recreation Department’s Youth Basketball League are held at the Activities Center at Manry Park during the times and dates listed below:

**Manry Hours:** Monday through Friday 8:00am – 5:00pm  Sat. 10:00am – 12:00pm

Late registrations will not be accepted after the divisions last sign-up date listed.

<table>
<thead>
<tr>
<th>Divisions</th>
<th>Sign-up Dates</th>
<th>Fees: (R=resident N=non-resident)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Co-ed gr. 1-2</td>
<td>Sept 11 to Dec 2</td>
<td>R: $45   N: $55</td>
</tr>
<tr>
<td>Co-ed gr. 3-4</td>
<td>Sept 11 to Dec 2</td>
<td>R: $50   N: $60</td>
</tr>
<tr>
<td>Girls gr. 5-6</td>
<td>Sept 11 to Dec 8</td>
<td>R: $55   N: $65</td>
</tr>
<tr>
<td>Boys gr. 5-6</td>
<td>Sept 11 to Dec 2</td>
<td>R: $55   N: $65</td>
</tr>
<tr>
<td><strong>Boys gr. 7-8</strong></td>
<td>Sept 11 to Jan 13</td>
<td>R: $65   N: $75</td>
</tr>
<tr>
<td><strong>Girls gr. 7-8</strong></td>
<td>Sept 11 to Oct 7</td>
<td>R: $65   N: $75</td>
</tr>
</tbody>
</table>

**IMPORTANT NOTE:** 7th & 8th Grade Boys and Girls, due to an OHSAA rule, only a limited number of middle school team players can participate in the Willowick city recreation league. We will accept registrations from these players on a first-come, first-serve basis.

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**Willowick Rec. Youth Girls Slow-pitch Softball League Sign-ups**

Sign-ups for the Recreation Department’s Youth Girls Softball League 2023 season are held at the Activities Center at Manry Park during the times and dates listed below.

**Manry Hours:** Monday through Friday 8:00am – 5:00pm  Sat. 10:00am – 12:00pm

Late registrations will not be accepted after the divisions last sign-up date listed.

<table>
<thead>
<tr>
<th>Divisions</th>
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<th>Fees: (R= resident N= non-resident)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pigtails (7-9 yr. old)</td>
<td>Jan. 8 to April 26</td>
<td>R: $70   N: $75</td>
</tr>
<tr>
<td>Ponytail (10-13 yr. old)</td>
<td>Jan. 8 to April 26</td>
<td>R: $70   N: $75</td>
</tr>
</tbody>
</table>

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**Dog Training Classes**

provided by **Abby Lane Dog Training Inc.**

“where your dog becomes part of your family”

**Positive Reinforcement Methods • Basic & Advanced Training**

**Behavior Modification • K9 Good Citizen Testing Available**

Classes are ongoing and held on Thursday evenings at the Dudley Fieldhouse.

Check their web-site for class information [www.abbylanetraining.com](http://www.abbylanetraining.com).

For additional info call 440-759-5575 or email: abbylanedogtraining@gmail.com
**Holiday Happenings**

**Holiday Craft Fair**
Saturday, December 2nd - 9:00am to 3:00pm
Activities Center at Manry Park
30100 Arnold Dr., Willowick
*Free Admission to the Public*
*Concessions will be open*

**Holiday Luminary Sand** a Willowick tradition, can be picked up at Manry Park after December 4th. Sand will be located by the storage building to the left, as you enter the park.

**Winter Wonderland at Manry Park** - Sun. December 17th – 1pm to 5pm
Enjoy spending time with your family on the synthetic ice rink, riding the North Pole Train, bouncing on one of the inflatables, drinking hot chocolate while roasting marshmallows, visiting with Santa, and other holiday themed activities! We are very excited to share this holiday program with you and your loved ones. A Child Ticket is $10 (Check or Cash); stuff-a-plush (build-a-bear) an additional $5/each. Tickets on Sale at the event.

**Holiday of Lights** - Light up Willowick for the Holidays by decorating the outside of your house and yard. Judging will take place on the evening of Monday, December 18th beginning at 6pm. Applications are available at the Recreation Dept. located in Activities Center at Manry Park. Deadline to register is 12pm noon on Friday Dec 15th.

**“Santa’s on the phone!”**
For Willowick children ages 3 to 8 years old. Imagine the excitement your little one will have when they receive a personal phone call from “Santa Claus” on Monday, Dec. 18th between the hours of 7pm and 8pm. Forms can be picked up at the Recreation Department located in the Activities Center at Manry Park and will be available beginning November 1st. Forms must be returned by Friday, December 16th.

* A GREAT GIFT IDEA *

**MANRY BRICK PAVERS**
Be a Part of the History of Willowick! Brick Paver order forms are available at the Rec. Dept. located at Manry Park and are a wonderful way to mark your family history here in Willowick. The brick paver walkway is located in front of the Activities Center and includes commemorative brick pavers with the names inscribed of those who want to be a part of the “History of Willowick”. Cost for an 8 x 8 paver is $50 and it can be inscribed with up to 3 lines with 15 characters per line. For more information, please call the Recreation Department at 440-516-3011.
2024 Hometown Heroes Banner Program
Please contact City Hall for more information at 440-585-3700 ext.230

Mark These Important Dates for 2024

**VALENTINE DANCE**
Spend special time with your child (K-8 grade) **Sunday, February 18th, 2pm to 5pm** at our **Parent/Child Valentine Dance** held at the Willowick Community Center. Tickets go on sale at the Recreation Department beginning January 3rd. **Tickets are $20/couple, and include DJ entertainment and light refreshments.** A professional photographer will be available to capture the moment for an additional cost.
**Buy Tickets Early - Only a Limited Number of Tickets Will Be Available**

- **Watch for spring youth league sign-ups** in February/March for *soccer, *girls’ softball, *baseball and t-ball

- **Collectibles / Flea Market** – Saturday, April 20th at Manry

- **Easter Egg Hunt** – Saturday, March 23rd at Manry Park.

- **Summer Registrations Begin!** - Tuesday, February 20, 2024