



Committed Service for Quality Living

OUR SENIOR MOMENTS

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Hours: Mon-Thur 8-4 pm & Fri 9-12 pm

Willowick Senior Center
321 East 314th Street
440-585-5112 (Phone)
440-585-7776 (Fax)
www.cityofwillowick.com

JAN.2020

TRIP SIGN UPS START- Wed. Jan. 8th at 9 am

All trips depart from the senior center (unless told otherwise).

DEVICE ASSISTANCE—Date TBD. Do you need help on your phone, tablet, etc...? Please sign up and tell us what device you have.

There will be someone to help.

JOSIE'S ALTERATIONS—She will not be back until spring.

NO CASINO trip this month. Next one is Wed. Feb. 12th to Jack Casino.

BOOK CLUB DISCUSSION—No discussion this month. Next one is Jan. 22nd and the book is Rebecca by Daphne Du Maurier.

CRAFT WITH HEARTLAND—Wed. Jan. 8th at 10 am.

ATTORNEY DEBBIE—Mon. Jan. 13th. Sign up for a one on one.

CHAIR MASSAGE—Mon. Jan. 13th \$15/15min.

MOVIE—Tue. Jan. 14th at 10:30 am. We'll watch Downton Abbey.

FOOT DOCTOR—Tue. Jan. 14th at 12 pm. Cost is \$15.

TRIVIA MIND CHALLENGE EVENT—Wed. Jan. 15th at 10 am. Those participating please arrive at 9:30 am. We had a practice round in Dec. and it went very well. The more the merrier! Donuts will served!

MYSTERY LUNCH—Fri. Jan. 17th Bus leaves at 11:30 am. \$3.

CRAFT CORNER—Mon. Jan. 20th at 10 am. You will make hat ornaments.

MENTOR ICE BREAKERS HOCKEY—Mon. Jan. 20th bus leaves at 1:15 pm. \$16. You can even bring grandkids (18 and under) and their ticket would be just \$8.

ESTATE PLANNING LUNCH & LEARN—Wed. Jan. 22nd at 11:30 am. Learn the basics of estate planning and more. Lunch served. You must sign up.

QUINTEALIA'S TEA ROOM—Thu. Jan. 23rd bus leaves at 12 pm. \$4

BIRTHDAY LUNCH—Wed. Jan. 29th. We will have chili and cornbread. \$7 **Last day to sign up is**

Fri. Jan. 24th.

ANTIQUÉ COOP AND SMOKE

BBQ—Thu. Jan. 30th at 11 am. \$3
HOME AND GARDEN SHOW AT THE IX CENTER—Thu. Feb. 6th bus leaves at 10:30 am. Cost is \$15.

LIFELINE SCREENINGS—Wed. Feb. 19th. Register now for these potential life saving non-invasive, painless screenings.

We may start a new beginners line dance class around March for those who are truly beginners. It is very important to let Kerri know if you would be interested in this. If we have enough people we will consider this. It will take place on Tuesdays from 1-2 pm. You must be committed to try and come every week. Please leave your email address if you would like some dance steps sent to you to get familiar with.

New for 2020! Join the MIND CHALLENGE fun! All you trivia buffs out there and anyone who wants to have fun! Let's represent the Willowick Senior Center by competing with area senior centers. Open to any and all who are interested. No fees of any kind. We will be hosting an event on Jan. 15th. Look out for more details. You do not have to be a genius so don't be intimidated! They are expecting us to have a group so come on get your name on the interest sheet along with phone number. T shirts will be given to all who participate! We need your shirt sizes!

Is anyone interested in participating in a bocce league this winter? Join us for some more friendly competition amongst the senior centers. Practice games will start on Wed. Feb. 5th at the NEO Sports Plant in Euclid from 12-2 pm. It will be every Wed until April 29th. I hope to have transportation provided. If you have any questions see Kerri.

ONGOING ACTIVITIES **MONDAYS**

Morning
Movers 2 (new) 8:15 am
Crafts 9-3 pm
Yoga 9:15-10:15 am (reg)
10:30-11:35 am (chair)
Pinochle 12:30pm
Bingo 12:45 pm

TUESDAYS

Ceramics 9-12:30
Exercise class 9:00 am
Art class 10-12 pm
Pinochle 12:30pm
Beginner/improver
Line dance 1 pm

WEDNESDAYS

Morning
Movers 8:15 am
Crafts 9-3 pm
Ceramics 9-3 pm
Balance 9:15-10:15am
Pinochle 12:30pm

THURSDAYS

Ceramics 9-12:30
Exercise class 9:00 am
Line Dancing 10-11:30
Scrabble 10 am
Dup. Bridge 11:45 am
Music group practice
12:30 pm
Zumba Gold 1:30 pm

FRIDAYS

Yoga 9:30-10:30 am
(chair)
10:45-11:45 am (reg)

TRIP/EVENT INFO:

Beautician services

Anna— 440-221-1449
(Wed, Thu, Fri)

New this year!

We will not close when W / E schools are closed due to weather. We will just open at 9:30 am. This gives the city enough time to clear the parking lot and walkways. So please do not arrive before 9:30 am.

The Willowick Senior Center is funded by The City of Willowick and the Lake County Senior Citizen's Services Levy.