

WILLOWICK



2009 Fall & Winter Program Guide

Recreation Dept./Manry Activities Cntr.

30100 Arnold Drive, Willowick, OH 44095

440-516-3011

Willowick Senior Center

321 East 314th Street, Willowick, OH 44095

440-585-5112

City of Willowick's Web Page:

www.cityofwillowick.com

Willowick's Community Access Cable Channel:

Time Warner Channel 20

FACILITY RENTALS

Community Center

321 E. 314th St.
(off Vine St.)

Main Hall

with commercial kitchen

Capacity: 210

Dudley Fieldhouse

31500 Willowick Drive

Main Hall

w/standard kitchen

Capacity: 120

Dudley Outside Pavilion

with grills

Capacity: 50

Manry Activities Center

30100 Arnold Drive

Gymnasium, Meeting Room

Capacity: 45

Manry Outside Pavilion

with grills, electric hook-up
& water

Capacity: 80

END OF SUMMER FUN

DOG DAYZ OF SUMMER - Tuesday, September 8th It's a day gone to the dogs. Bring your pooch down to Manry pool for an afternoon of fun. The "Dog Dayz of Summer" will provide access to the main and tot pools at Manry for **dogs only** to swim, catch balls, and just enjoy some time at the pool. All dogs must be current on their vaccinations. Please adhere to the times scheduled for the dogs based on their weight.



5:30pm to 6:30pm - dogs 50 pounds and over
6:45pm to 7:45pm - dogs under 50 pounds

Donation: \$2 per dog - payable at the main gate. All proceeds will benefit the Lake Humane Society.

DOG OBEDIENCE CLASSES **Instructor: Valerie Barabas** This 8 week class is designed to teach **you** to teach your dog. Classes are held at Dudley Fieldhouse on Wednesday evenings from 7:30pm to 8:30pm. Valerie Barabas has been showing dogs in the breed and obedience ring since 1982 and has also showed in the agility ring. Valerie has taught obedience classes for over nine years. Register at the Manry Activities Center or call Valerie 216-731-6588 for more information. **Eight week session fee: \$70 per dog.**



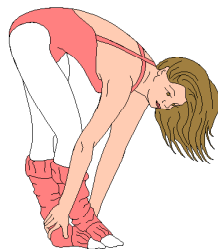
Dates: Sept. 16, 23, 30, Oct. 7, 14, 21, 28 & Nov. 4

GET FIT AT THE COMMUNITY CENTER

The following exercise classes are held in the evenings at the Willowick Community Center.

BODY SCULPTING This balanced fitness workout combines strength, flexibility and aerobic without running, dancing, jumping or jazzing. Working with a set of weights the entire hour, you'll learn exercises from a certified trainer designed to firm your entire body without building muscular size of bulk and prevents osteoporosis and boosts your metabolism helping you to lose weight. **Classes are held on Tuesday and Thursday evenings at the Willowick Community Center from 7:00pm to 8:00pm. To register call Body-Sculpting by Exterior Designs, 216-313-FLEX or visit their website at www.flexcity.com.**

JAZZERCISE *Fitness that's not intimidating, just invigorating!!* This 60-minute class pairs moderate aerobics with exercises that are designed to improve strength, balance, and flexibility using easy-to-follow movements. Whether you're a beginner, newcomer, senior, pregnant, significantly overweight, or otherwise physically restricted, you can't go wrong with this popular light version of the original Jazzercise program. New students get 50% off an 8 week pass. **Monday and Wednesday Evenings at the Willowick Community Center 6:30 to 7:30pm. For more info contact Sun Ok Jackson at 216-261-6178 or email her at sunokjazz@yahoo.com.**



HARD CORE CARDIO

Turbo Kick is an intense cardio workout that includes; kickboxing, dance and aerobic moves. It is a total body workout which targets the abs, upper & lower body using free weights and bands during the 60 minute workout. Monday, Tuesday and Wednesday there are 3 different routines, which are alternated so you are working your muscles in different ways throughout the week. Thursdays are a 45-50 minute toning class. This is a high intense workout at a very fast pace, but don't let that scare you off, check it out, your first class is FREE! No obligation to join! Classes held at the Willowick Community Center. **M-W 8:00pm, T-TH 8:30pm. For more info email Tracy at hccardio@live.com or visit their web-site at www.hardcorecardio.com**

Willowick Soccer League's REVERSE RAFFLE

Sat. October 24, 2009
6:00pm to 11:00pm
Patrician Party Center
\$85 per couple - \$50 single ticket
Grand Prize \$1,500



Dinner, open bar, Chinese auction, 50/50 raffle
Call Dan Chester for ticket info 440-347-0194

ARTS/CRAFTS FAIR

OPEN TO THE PUBLIC
9:00am to 4:00pm

Saturday, October 17, 2009
Willowick Activities Center
Manry Park - 30100 Arnold Dr.
Vendors Wanted



To purchase table space call Mike 516-3011

YOUTH PROGRAMS

WINTER-BREAK CAMP - 2009

Ages 5 to 10 years old - MANRY ACTIVITIES CENTER

Dec. 21, 22, 23, 28, 29, 30th - 7:45am to 4:30pm



Winter-break camp is held at the Manry Activities Center and is available to children ages 5 to 10 years old. Children will need to bring a packed lunch daily along with a snack. Camp agenda will include playtime in the gymnasium along with games and craft activities. When registering for camp, please make sure to bring your child's emergency information along with doctors information. Camp fee is due in full at time of registration.

Space Available: Min. 5 - Max. 30 **Camp Fee: \$100 per child**

WEE DOODLE & LEARN with Miss Sharon

All Classes Held at MANRY ACTIVITIES CENTER

My Favorite Big Person & Me Story/Craft Class - Ages 2-1/2 to 5 year olds with adult

Session Fee: Resident \$25 Non-Res \$30

Fall / Tuesday evenings: 5:00pm to 5:45pm

Session 1: Sept. 15, 22, 29, Oct. 6

Session 2: Oct. 20, 27, Nov. 10, 17

Winter / Tuesday evenings: 5:00pm to 5:45pm

Session 1: Jan. 26, Feb. 2, 9, 16

Session 2: March 2, 9, 16, 23



CHILDREN'S ART CLASS - Ages 6 to 12 years old - Dress for a Creative Mess

Session Fee: Resident \$30 Non-Res \$35

Fall / Tuesday evenings: 6:00pm to 7:30pm

Session 1: Sept. 15, 22, 29, Oct. 6

Session 2: Oct. 20, 27, Nov. 10, 17

Winter / Tuesday evenings: 6:00pm to 7:30pm

Session 1: Jan. 26, Feb. 2, 9, 16

Session 2: March 2, 9, 16, 23

MISS SHARON'S TUTORING PROGRAM - For Pre-K and Kindergarten children 3 to 5 years old

Choose for your child to attend the program either one, two or three days during the four week session. This program is designed to help children prepare for kindergarten and also assist those who may have struggled in pre-school or who just need a little extra help. Two full hours of learning made fun!

Four Week Session Fees:

\$25 - One day per week - Mon. class

\$40 - Two days per week - Mon. - Wed. class

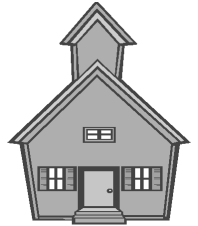
\$60 - Three days per week - Mon. - Wed. - Thur. class

Fall session dates / times: 10:00am - noon

Session 1: Sept. 14 to Oct. 8 **Session 2:** Oct. 19 to Nov. 18

Winter session dates/times: 10:00am - noon

Session 1: Jan. 25 to Feb. 18 **Session 2:** March 1 to March 25



WILLOWICK SENIOR CENTER NEWS

The center is open Monday through Thursday from 8:00am to 4:00pm and Friday 8:00am to noon. Stop in to pick up a newsletter and see what's going on, or check out the website at www.cityofwillowick.com. **Membership is just \$5 to join followed by the annual renewal fee of \$2 for residents, and \$5 annual fee for non-residents.**

For more information on programs and activities listed below, call the center at 585-5112.

We have trips, parties, crafts, ceramics, art classes, cooking classes, line dancing, health screenings, exercise equipment, computer classes, cards, bingo, billiards, movies, a beauty salon, manicures and pedicures, podiatrist services, chair massages, Red Hat Society, table tennis, fun, friendship and more! We also can assist you in filling out paperwork for a Buckeye card and other senior programs such as Heap, Homestead and Medicare. Wheelchairs walkers and canes are available for anyone in need, along with other misc. medical supplies. Your Senior Center membership is also good at the Manry Activities Center located at 30100 Arnold Dr.

Look for these upcoming events:

Grace Harmony Gospel Concert:

Friday, Sept. 18th Time: 10:00am Enjoy a concert at the Senior Center with the husband and wife team from Lake Placid, FL. Admission is free, but reserve your space by calling the Senior Center. Donuts and coffee will be served before and after the one-hour performance.

A Pocono & Big Apple Adventure:

Sept. 29th to Oct. 2nd Stay 3 nights in the Pocmont Resort among the Pocono Mountains, tour of the area, visit New York City, Ground Zero, Rockefeller Center, St. Patrick's Cathedral, 5th Avenue and NBC Studios.

28th Annual Holiday Boutique:

Saturday, Nov. 14th 9:00am to 3:00pm at Senior Center Homemade crafts, ceramics and backed goods will be available for all your Christmas shopping needs! There will be refreshments, raffle items and a variety of different items from local vendors. Call the center to purchase a table for selling your goods.

Check with the Senior Center for information on these additional trips to: Stan Hywet Hall, Shotgun Red Band at Yankee Lake, Riverside Inn Theater, Station Dinner Theater, and more?

YOUTH PROGRAMS

TINY DANCER CLASSES with Miss Amanda

- All New Music, Dance Steps & Routines -

MOMMY/DADDY & ME Mondays - 6:00pm to 6:30pm - Ages 18 months to 3 years old

Fall Sessions: Held at the Manry Activities Center

Session 1: Sept. 14, 21, 28 & Oct 5th Session 2: Oct. 19, 26, Nov 9 & 16th

Winter Sessions: Held at the Dudley Fieldhouse

Session 1: Jan. 25, Feb 1, 8 & 22nd Session 2: March 1, 8, 15 & 22nd

Fee per Session: Resident \$30 Non-Resident \$35

HIP HOP/JAZZ - Mondays - 6:45 to 7:30pm - Ages 5-7 years old

Fall Sessions: Held at the Manry Activities Center

Session 1: Sept. 14, 21, 28 & Oct 5th Session 2: Oct. 19, 26, Nov 9 & 16th

Winter Sessions: Held at the Dudley Fieldhouse

Session 1: Jan. 25, Feb 1, 8 & 22nd Session 2: March 1, 8, 15 & 22nd

Fee per Session: Resident \$40 Non-Resident \$45

TAP/BALLET - Wednesday Evenings Ages 3-7 years old

Ages 3-4: 5:45pm to 6:30pm

Ages 5-7: 6:45pm to 7:30pm

Fall Sessions: Held at the Manry Activities Center

Session 1: Sept. 16, 23, 30 & Oct 7th Session 2: Oct. 21, 28, Nov 4 & 18th

Winter Sessions: Held at the Dudley Fieldhouse

Session 1: Jan. 27, Feb 3, 10 & 17th Session 2: March 3, 10, 17 & 24th

Fee per Session: Res. \$40 Non. Res \$45

KIDS CAN COOK! Grades K-6

Two Crazy Kids Instructors - Betsy Covington & Molly Priest Gebler

These creative classes allow kids to learn cooking basics while preparing and assembling a nutritious meal. New and different recipes for each class. Classes are held at the Manry Activities Center.

Thursday, Oct. 1st - 5:00pm to 6:30pm Torn Tortilla Casserole and homemade Chef Hats!

Thursday, Nov. 19th - 5:00pm to 6:30pm Stuffed Shells with Garlic Rolls

Thursday, Feb. 11th - 5:00pm to 6:30pm Pizza Day! with Garlic Bread Twists

The kids create their own pizza company and design their own pizza and pizza box.

Class Fees: Class fee is \$20 and is due at the time of registration. A \$5 ingredient fee is payable to the instructor on the day of class.



Two Crazy Kids Host - SWEET TREATS Grades K-6

Your child will be creating wonderful goodies and bring them home in a unique package with a bow.

Saturday, Oct. 24th - 12:00pm to 1:15pm Halloween Treats! Candy Corn Popcorn Ball and Hot Apple Cider.

Saturday, Feb. 13th - 12:00pm to 1:15pm Valentine's Treats! Chocolate covered everything! Strawberries, cookies, pretzels, etc!

Saturday, March 27th - 12:00pm to 1:15pm Yummy Easter Treat! Jelly Bean Bark.

Class Fees: Class fee is \$15 and is due at the time of registration. A \$5 ingredient fee is payable to the instructor on the day of class.

STRETCH -N- GROW

Instructor Deena George

Toddlers: 18 months to 2 years old - Children: 3 years to 4 years old

Your child will have lots of fun while they learn to love exercise and build good habits. Our certified coaches provide action-packed classes that will enhance motor skills, increase body strength, endurance, flexibility and build self-esteem. Classes are held on Friday's at the Manry Activities Center.

Class time: toddlers - 9:00am to 9:30am - Class time: children - 9:45am to 10:30am

Fall Sessions

Session 1: Sept. 18, 25, Oct. 2, 9th

Session 2: Oct. 23, 30, Nov. 6, 13th

Winter Sessions

Session 1: Jan. 29, Feb. 5, 12, 19th

Session 2: March 5, 19, 26, April 2nd

Fees per 4-week session:

Toddler: Resident \$35 Non-Res \$40 Child: Resident \$40 Non-Res \$45

STRETCH -N- GROW FIELD DAYS

Instructor Deena George - Children: 4 years to 8 years

Children will revel in games and activities such as obstacle courses, relay races, sports skills and speed and agility drills, all while learning muscle recognition, proper exercise techniques and team work. Classes are held on Monday evenings in the gym at Manry at 5:45 to 6:30pm.

Fees & dates per 4-week session:

Resident \$40 Non-Res \$45 Session dates: Sept. 28, Oct. 5, 12, 19th



MANRY ACTIVITIES CENTER

30100 Arnold Drive, (440) 516-3011

M-T-W-TH-F: 8:00am-5:00pm Sat: 10:00am-1:00pm

FALL/WINTER OPEN GYM (with Rec. I.D.)

Please Note: Check the Activity Center's weekly schedule for any open gym changes.

YOUTH OPEN GYM: September to May

Monday - Friday (gr. 9-12) 2:30pm to 3:45pm

Monday - Friday (gr. 1-8) 3:45pm to 5:00pm

Saturday - 10:00am to 1:00pm during Sept., Oct., March, April, May

(If school's not in session, see the following)

Monday - Friday (gr. 1-8) Noon to 2:30pm

Monday - Friday (gr. 9-12) 2:30pm to 5:00pm

ADULT OPEN GYM: September to May

Monday - Friday (18 years & over) Noon to 2:00pm

WILLOWICK YOUTH BASKETBALL LEAGUES

Sign-ups for the Recreation Department's Youth Basketball League are held at the Manry Activities Center during the times and dates listed below:

Mon. to Fri. 8:00am - 5:00pm and Sat. 10:00am - 1:00pm

Sign-up dates are based on divisions:

Sign-up Dates & Fees: (R=resident N=non-resident)

Co-ed gr. 1-3	Aug. 10 to Oct. 17	R-\$45	N-\$55
Girls gr. 4-6	Aug. 10 to Dec. 12	R-\$45	N-\$55
Boys gr. 4-6	Aug. 10 to Oct. 24	R-\$55	N-\$65
Girls gr. 7-8	Aug. 10 to Sept. 26	R-\$45	N-\$55
Boys gr. 7-8	Aug. 10 to Jan. 16	R-\$60	N-\$70



No registrations will be accepted after the last sign-up date listed for each age group.

**Important note to 7th & 8th Grade Girls and Boys - Due to an OHSAA rule, a limited number of middle school players can participate in the Willowick City League. We will accept registrations from these players on a first - come, first - serve basis.

ADULT FALL LEAGUES

Call Manry Activities Center 516-3011 to register for any of the adult leagues or programs listed below.

Fall Co-Ed Softball League

Sunday mornings Sept. 20th - Nov. 15th 8:00am - 12noon

Co-Ed Kickball (indoors)

Tuesday night Sept. 22nd - Oct. 20th 7:00pm - 10:00pm

Co-Ed Dodgeball

Friday nights Sept. 25th - Oct. 30th 7:00pm - 10:00pm

Adult Sand Volleyball

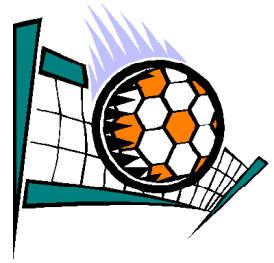
Tuesday nights Sept. 22th - Oct. 27th 6:00pm - 9:00pm

Adult Shuffleboard/Table Tennis League

Sunday nights Sept. 20th - Nov. 15th 6:00pm - 9:00pm

Fall Men's Basketball League

Sunday night (over 30) Sept. 20th - Nov. 15th 6:00pm - 10:00pm



SENIOR PROGRAMS AT MANRY

We offer table tennis, shuffle board, tennis, walking and time to meet and chat with new people. Call Manry or the Senior Center if you need transportation to and from the Center.

A.M. Walkers Program Monday to Friday Sept.-May 7:30am to 11:00am

Seniors Exercise Class with Jennifer Tuesday mornings Sept.-May 9:30am to 10:15am

Don't Forget...Manry's Wellness Walking Trail

It's available for everyone's outdoor walking enjoyment throughout the year.

It's Still Not Too Late...

BE A PART OF THE HISTORY OF WILLOWICK!

Great Gift Idea!!

Brick Paver order forms are available at the Recreation Department located at Manry Park and are a wonderful way to mark your family history here in Willowick. The walkway, located at Manry Park in front of the Willowick Activities Center, includes commemorative brick pavers with the names inscribed of those who want to be a part of the "History of Willowick". Cost for an 8" x 8" paver is \$40. A brick paver can be inscribed with up to three lines of type. Each line can have up to 15 characters and a blank space is considered a character. Any further questions can be answered by the Recreation Department at 516-3011.

Presorted Standard
U.S. POSTAGE
PAID
Willoughby, Oh 44094
Permit No. 66

City of Willowick
Department of Recreation
MANRY ACTIVITIES CENTER
30100 ARNOLD DRIVE
WILLOWICK, OH 44095

ECRWSS

POSTAL CUSTOMER
WILLOWICK, OH 44095

HALLOWEEN EVENTS

TRICK-OR-TREATING will be observed on Halloween night, **Saturday, October 31st** from **6:00pm to 8:00pm**. Please be aware of the little ones crossing the streets. **Please drive Safely & Slow.**

CHILDREN'S HALLOWEEN PROGRAM: **Saturday, Oct. 31st - 1:00pm** at **Dudley Park** Children ages 12 years and younger, come dressed in your costumes to Dudley's kid friendly "Haunted Park & Halloween Event" and have some Halloween fun. An adult must accompany all children. **Special thanks to Walker's True Value Hardware on Vine Street in Willowick for their continued support.**



HOLIDAY HAPPENINGS

HOLIDAY LUMINARY SAND (a Willowick tradition), can be picked up at Manry Park beginning the week of December 7th. Sand will be located by the storage building.

BREAKFAST WITH SANTA: **Sunday, December 6th** Enjoy breakfast with jolly old St. Nick at the Willowick Community Center from 8:30am to noon. For more information call Penny Harris at 585-1709 or Courtney Lausin at 944-5144. Sponsored by the Willowick Swim Team.



"FROSTY THE SNOWMAN'S BIRTHDAY BASH"

Reservations are needed for Willowick boys and girls ages 3 to 6 years old to celebrate Frosty's birthday at Dudley Fieldhouse on Saturday, December 12th. The fun starts at noon, the children will make a winter craft, dance and sing "Happy Birthday" to Frosty and enjoy some birthday cake. Max. participants: 50 children. Call 516-3011 to reserve a space for your child.

"SANTA'S ON THE PHONE!" for children ages 3 years to 2nd graders. Imagine the excitement your little ones will have when they receive a personal phone call from Santa Claus on Monday, December 14th. To have a form mailed, call the Rec. Dept. at 516-3011.

HOLIDAY LIGHT FESTIVAL Help to light up Willowick for the Holidays by decorating the outside of your house and yard. Be sure to register for your chance to win either 1st, 2nd or 3rd place in the annual Light Festival contest. Judging will take place on the evening of Thursday, December 17th.

Look for these **2010 SPRING & SUMMER EVENTS**

- Sign-ups for *soccer, *boys softball, *girls softball, *tee-ball, *baseball are held at the Dudley Fieldhouse during February and March.
- Breakfast with the Bunny – March 28th at the Willowick Community Center
- Easter Egg Hunt - April 3rd at Manry
- Collectibles Flea Market - April 10th at the Manry Activities Center